

Dr. Brianna Siegel

Dr. Brianna Siegel was raised in Woodstock, NY. She received her undergraduate degree at Connecticut College, studying biology and zoology. She attended St. George's University School of Medicine and completed her Internal Medicine Residency at Mount Sinai Beth Israel. She was selected as a Chief Resident at Mount Sinai where she completed a Fellowship in Medical Education and Administration.

In 2015, Dr. Siegel joined Stamford Health and started building her primary care practice. Serving her community has been fulfilling, and her practice has grown quickly. When the COVID-19 pandemic hit, she continued to care for her patients in-person. She felt strong camaraderie with her fellow health care workers and was inspired by the hands-on approach of Stamford Health leadership. Dr. Siegel joined an interdisciplinary outpatient COVID team and helped streamline outpatient treatment protocols and could see the work they accomplished influence her partners and benefit patients. She wanted to continue to help shape her organization and have a larger impact on the community, beyond her panel of patients.

In 2021 Dr. Siegel completed the Physician Leadership Academy at Stamford Health and saw how healthcare systems were rapidly changing. She believed that to have a greater and more meaningful impact, she would need to expand her skill set. In response, she started her part-time MBA at UCONN School of Business in 2023 and is expected to graduate in 2026. Earlier this year, she became the Division Director of General Internal Medicine for Stamford Health and is joining the Stamford Hospital Foundation Board of Directors. She continues to stay engaged in the organization, sitting on the Medical Group Board of Directors and volunteering on the Women's Physicians Day and the Medical Staff Campaign Committees. Dr. Siegel is always eager to mentor new primary care physicians.

Dr. Siegel and her husband are the proud parents of a son. She cherishes time with her family and enjoys hikes, Pilates, hot coffee and seafood. Dr. Siegel is forever grateful to her husband, who offers tremendous support and makes it possible for her to pursue her dreams.