

Brianna McDermott Bio

Brianna McDermott is a well-rounded senior at Greenwich Country Day School, excelling both academically and athletically. As Co-Captain of the Girls' Varsity Basketball team, she leads by example, demonstrating resilience, teamwork, and a strong work ethic on and off the court. She is the first player to score 1,000 points in GCDS history and whenever Brianna speaks of that momentous occasion, she emphasizes how the Greenwich community was pivotal to her success. Her leadership extends beyond athletics as a co-founder of the GCDS Sports Psychology Club, where she has created a supportive and empowering space for student-athletes to navigate the pressures of performance, college recruitment, and long-term commitment.

Brianna exemplifies the scholar-athlete ideal by balancing her athletic excellence with her academic commitments. She serves as a teacher's assistant in the Social Sciences Department at GCDS, providing academic support and mentorship to students enrolled in Introduction to Criminal Justice. This passion for learning and leadership has fueled her interest in sports medicine, leading her to an upcoming internship at Hospital for Special Surgery in May 2025.

Brianna is deeply committed to giving back to her community. She coaches third through sixth graders, inspiring young athletes with her knowledge and enthusiasm for the game. Next year, she will attend College of the Holy Cross where she will play Division I basketball and major in Sociology, with the goal of pursuing a career focused on adolescent education and sports. One of her ambitions at Holy Cross is to establish a Sports Psychology Club, combining her interests in human behavior, wellbeing, and athletics to foster a more holistic approach to student-athlete success.