

Alessandra M. Messineo Long, Esq.

Alessandra M. Messineo Long, Esq. has built a successful career in law and business while balancing family life and actively supporting her community through various local nonprofit organizations. From a young age, community service has been an integral part of her life, shaping her commitment to making a difference. Her resilience and determination have guided her through both personal and professional challenges. With an entrepreneurial spirit, she founded her own law firm and consistently found innovative, effective ways to raise funds and drive success-even when others saw obstacles.

Alessandra's enthusiastic dedication to Junior League of Greenwich began in 2004, becoming involved and holding numerous key Board positions within the League, ultimately serving as President from 2015-2016. Alessandra has actively enhanced the Junior League's work by co-chairing numerous events and committees throughout the years.

Many non-profits have benefited from Alessandra's involvement like Greenwich Old Timers Athletic Association (GOTAA), the Metro New York North Chapter of the American Red Cross, the Abilis Advisory Board, Planned Parenthood of Southern New England and The Friends of Greenwich Senior Center.

Alessandra is the Founder and Principal of the Law Offices of Alessandra M. Messineo Long & Associates with expertise in Wills, Trusts and Estates, Probate and Administration, General Business Law, and Non-Profit Law. In 2021-25, she was recognized as a top lawyer in Fairfield County by Greenwich Magazine and Mofly Media and has received consecutive Lawyer of Distinction titles for the past five years. Prior to opening her own law firm, Alessandra served as In-House Counsel in the Office of General Counsel for Sempra Energy and Long Island Lighting Company.

Alessandra graduated from New York University Stern School of Business with a double major in International Business and Marketing and received an AAS in Fashion Buying and Merchandising from Fashion Institute of Technology. She received her JD at St. John's University School of Law.

Alessandra and her husband live in Riverside and are the proud parents of three children. She is a marathon runner who enjoys yoga and skiing as well as supporting her three children in their athletic and artistic endeavors.