



Thank you for your interest in volunteering with YWCA Greenwich Harmony Project. Domestic and sexual violence have become a part of our daily lives. Domestic violence is the second most investigated crime in the town of Greenwich today. Every one of us has the right to safety in our own homes, relationships, and day to day lives. Unfortunately, we are faced with a problem that has reached enormous proportions.

Our task to help, change, educate, and bring awareness to this serious issue is a large one. We are proud to be part of an extremely committed and dedicated team of staff and volunteers who are passionate about their work and willing to go the extra mile to make a difference. We are committed to ending domestic and sexual violence and we need all the support we can get.

It takes a special kind of person to do this work. We are grateful you want to share your time, talent, and skills to help make this community a safer place to live.

You will find enclosed:

- Information about our volunteer opportunities
- Information about our services
- Volunteer Application

Please look over the information, get yourself acquainted with our program, and if you are interested in volunteering, fill out the application and return it to us by e-mail.

The Mandatory Certification Training will take place in the Spring of 2025. New dates will be announced soon.

The fee for the course is \$250.00.

Attendance at all training dates and for the entire scheduled time is **mandatory**.

There are no make-up sessions available.

Please return your application along with a current resume to the YWCA Greenwich to David Lovegreen at d.lovegreen@ywcagreenwich.org so that we may schedule an in-person interview prior to the training.

On behalf of the YWCA Greenwich Harmony Project staff, we thank you for your interest.

Sincerely,

Jessie DiMuzio, LCSW
Director, Harmony Project
YWCA Greenwich
p. 203-869.6501 x.170

e. j.dimuzio@ywcagreenwich.org

www.ywcagreenwich.org

Volunteer Program

Basic Requirements

1. Completing of certification training (minimum of 25 hours)
2. Commitment of a minimum of 3 hotline shifts OR 6 volunteer hours worked each quarter for a minimum of 1 year.
3. Receive a minimum of 6 re-certification training hours annually, 3 of which must take place through the YWCA Greenwich.

Personal Qualifications

1. Sensitivity and acceptance of self and others.
2. Common sense and clear thinking.
3. Dependability and time – able to commit to regular time assisting in one of the areas below.
4. A commitment to confidentiality.
5. Good listening skills and effective communication skills.
6. Basic computer skills.
7. Ability to handle emergency situations.
8. Ability to keep an open mind to differences.

Volunteer Opportunities

1. Court Support – advocacy and support throughout the court process, including restraining order applications.
2. Community Outreach – attend health fairs, post flyers, distribute promotional materials, help with mailings and phone calls.
3. Be a buddy – play with children while their parent is receives counseling.
4. Be a voice – on the other end of our hotline to answer questions, provide information and support.
5. Work in the office – administrative duties, project work, etc.

If you are interested in receiving more information about volunteering for YWCA Greenwich Harmony Project contact
David Lovegreen

(203) 869-6501 ext. 252 or by e-mail at d.lovegreen@wcagreenwich.org

Harmony Project Services

Confidential 24/7 Hotline: 203-622-0003

Callers have immediate access to counselors who can provide safety planning, crisis intervention, counseling, information, referrals and/or shelter services. Calls are answered 24 hours a day and seven days a week.

Safety Planning

Safety for victims of domestic and sexual violence is our number one priority. Safety plans are developed for victims and their children based on their individual needs. A safety plan is a detailed outline that enables a victim to prepare in advance for the possibility of further abuse.

Individual Counseling and Support Groups

Individual counseling and groups offer victims tools to enhance their safety, to empower themselves and to live their lives free from abuse.

Advocacy

Adult Advocates provide support to victims and/or advocate on their behalf regarding their medical, legal, education and social service needs.

Family Violence Victim Advocates assist victims of domestic violence through the court system. Assistance is offered to victims in obtaining protective and/or restraining orders.

Child Advocates provide services to children, whose lives are affected by domestic and sexual violence, including educational and recreational activities, individual counseling, support groups, advocacy and referrals. These services are available to sheltered and non-sheltered children.

Emergency Shelter

Temporary emergency shelter is available for victims and their children who are fleeing from physical, sexual, and emotional abuse. At the shelter, victims stay in a safe, supportive and confidential environment.

Community Education and Awareness

Informative, educational programs that build an understanding of the scope of abuse and its impact on individuals and communities are available. These programs address the dynamics of domestic and sexual violence including power & control, safety planning and barriers to leaving an abusive relationship. They also inform people on how to get answers, get help and get involved. These programs are available for schools, social service providers, civic, religious and professional organizations and the community at large.

All services are confidential, free, and available in multiple languages.



YWCA Greenwich Harmony Project Volunteer Application

All information disclosed is strictly confidential and is available only to Harmony Project staff.

Name: _____ Date: _____
Parent/Guardian Names (if applicable): _____
Address: _____
Phone (H) _____ (C) _____ (W) _____
E-mail: _____

Please give us the names of two people you recommend we talk with in support of your volunteering with YWCA Greenwich Harmony Project. Please do not include family members.

Name _____ Contact Information _____

Name _____ Contact Information _____

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How did you hear about Harmony Project Services?  
\_\_\_\_\_  
\_\_\_\_\_

Have you had any personal experience with domestic or sexual violence?  
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\_\_\_\_\_  
\_\_\_\_\_

Have you volunteered at a domestic and/or sexual violence organization or another type of agency in the past? If so, please describe your experience.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What personal experiences, characteristics, knowledge (i.e. multi-lingual) do you feel you possess that will benefit your work as a volunteer for Harmony Project, as well as for the program overall?  
\_\_\_\_\_  
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Are there any particular concerns, challenges or questions you have pertaining to this issue that you would like to know more about?

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While no prior knowledge or experience of domestic and sexual violence is necessary to volunteer, please briefly describe your understanding of this issue. Please include, when possible, where you obtained this information i.e.: school, news, reading, personal experience etc.

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Please explain in a brief paragraph or two why you are interested in becoming a volunteer with YWCA Greenwich Harmony Project.

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Please return completed form to David Lovegreen, Outreach, Engagement, and Training Coordinator at [d.lovegreen@ywcagreenwic.org](mailto:d.lovegreen@ywcagreenwic.org). who will contact you to schedule an interview.

Once again, thank you for your interest in volunteering with YWCA Greenwich Harmony Project. We look forward to meeting with you soon.

Sincerely,



Jessie DiMuzio, LCSW  
Director, Harmony Project  
YWCA Greenwich  
p. 203-869-6501 x.170  
e. [j.dimuzio@ywcagreenwich.org](mailto:j.dimuzio@ywcagreenwich.org)