

AUGUST 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1-AUGUST	2-AUGUST	3	4	5	6	7	
Alpha - 7:00-8:30am No other Sessions	Zone & Alpha Swimmers Only Alpha-6:00-7:30pm	Zone & Alpha Swimmers Only Alpha-6:00-7:30pm August 3-7 - USA Summer (Alpha-6:00-730pm Aug 4-7 - Eastern Zone C Championships, Greensboro,		OFF	Alpha - 7:00-8:30am	
8	9	10	11	12	13	14	
Alpha - 7:00-8:30am No other Sessions	Alpha-6:00-7:30pm	OFF	OFF	OFF	OFF	OFF	
		August 10-14 - NCSA Championships - Huntsville, AL====================================					
15	16	17	18	19	20	21	
	Evaluations 8/u -5:30-6:00pm 9/overs -6:00-6:30pm	Evaluations 8/u -5:30-6:00pm 9/overs -6:00-6:30pm	Evaluations 8/u -5:30-6:00pm 9/overs -6:00-6:30pm	Evaluations 8/u -5:30-6:00pm 9/overs -6:00-6:30pm	OFF	OFF	
	I	l			Pool Drained!	Re-Hab work	
OFF	OFF	24 OFF	25 OFF	26 Off	27 OFF	OFF	
29	30	31	SEPTEMBER 1	2	3	4	
OFF	OFF	OFF	OFF	Evaluations 8/u -5:30-6:00pm 9/overs -6:00-6:30pm	Evaluations 8/u -5:30-6:00pm 9/overs -6:00-6:30pm	Evaluations 9/overs - 8:00-8:30am 8/u -8:30-9:00am	
5 OFF		August 4-7 - Eastern Z	mer Championships, G one Championships, Ri Championships - Huntsv	chmond, VA	Revised 072421	SILVER COMPANY	



September 2021



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29		30	31	SEPTEMBER 1	2	3	4
					Evaluations	Evaluations	Evaluations
	OFF	OFF	OFF	OFF	8/u -5:30-6:00pm	8/u -5:30-6:00pm	9/overs - 8:00-8:30am
				•	9/overs -6:00-6:30pm	9/overs -6:00-6:30pm	8/u -8:30-9:00am
					•		•
5		6	7	8	9	10	11
			Alpha-5:30-7:00am	Foxtrot-3:45-4:30pm	Bravo-5:30-7:00am	Alpha-3:30-4:45pm	Alpha-6:00-7:15am
	OFF	OFF	Golf-3:45-4:30pm	Echo-5:30-5:15pm	Golf-4:30-5:15pm	Echo-4:45-5:45pm	Bravo-7:15-8:15am
			Delta-4:30-5:30pm	Charlie-5:15-6:15pm	Delta-5:15-6:15pm	Delta-4:45-5:45pm	Delta-8:15-9:00am
			Charlie-5:30-6:30pm	Bravo-6:15-7:30pm	Alpha-6:15-8:15pm	Bravo-5:45-7:00pm	Future -1:30-2:30pm
			Bravo-6:30-8:00pm	Alpha-6:15-8:15pm		Charlie-7:00-8:00pm	Future 56-2:30-3:15pm
12		13	14- Gear Sales!	15	16	17	18
		Foxtrot-4:30-5:15pm	Alpha-5:30-7:00am	Foxtrot-3:45-4:30pm	Bravo-5:30-7:00am	Alpha-3:30-4:45pm	Alpha-6:00-7:15am
	OFF	Echo-5:15-6:00pm	Golf-3:45-4:30pm	Echo-5:30-5:15pm	Golf-4:30-5:15pm	Echo-4:45-5:45pm	Bravo-7:15-8:15am
		Alpha-6:00-7:30pm	Delta-4:30-5:30pm	Charlie-5:15-6:15pm	Delta-5:15-6:15pm	Delta-4:45-5:45pm	Delta-8:15-9:00am
		Bravo/Charlie:	Charlie-5:30-6:30pm	Bravo-6:15-7:30pm	Alpha-6:15-8:15pm	Bravo-5:45-7:00pm	Future -1:30-2:30pm
		7:30-8:30pm	Bravo-6:30-8:00pm	Alpha-6:15-8:15pm		Charlie-7:00-8:00pm	Future 56-2:30-3:15pm
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19		20	21	22	23	24	25
19		20 Foxtrot-4:30-5:15pm	21 Alpha-5:30-7:00am	22 Foxtrot-3:45-4:30pm	23 Bravo-5:30-7:00am	24 Alpha-3:30-4:45pm	25 Alpha-6:00-7:15am
119	OFF						
19	OFF	Foxtrot-4:30-5:15pm	<u>Alpha-5:30-7:00am</u>	Foxtrot-3:45-4:30pm	Bravo-5:30-7:00am	Alpha-3:30-4:45pm	Alpha-6:00-7:15am
19	OFF	Foxtrot-4:30-5:15pm Echo-5:15-6:00pm	Alpha-5:30-7:00am Golf-3:45-4:30pm	Foxtrot-3:45-4:30pm Echo-5:30-5:15pm	Bravo-5:30-7:00am Golf-4:30-5:15pm	Alpha-3:30-4:45pm Echo-4:45-5:45pm	Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm
19	OFF	Foxtrot-4:30-5:15pm Echo-5:15-6:00pm <u>Alpha-6:00-7:30pm</u>	Alpha-5:30-7:00am Golf-3:45-4:30pm Delta-4:30-5:30pm	Foxtrot-3:45-4:30pm Echo-5:30-5:15pm Charlie-5:15-6:15pm	Bravo-5:30-7:00am Golf-4:30-5:15pm Delta-5:15-6:15pm	Alpha-3:30-4:45pm Echo-4:45-5:45pm Delta-4:45-5:45pm	Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am
26	OFF	Foxtrot-4:30-5:15pm Echo-5:15-6:00pm <u>Alpha-6:00-7:30pm</u> Bravo/Charlie:	Alpha-5:30-7:00am Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm	Foxtrot-3:45-4:30pm Echo-5:30-5:15pm Charlie-5:15-6:15pm Bravo-6:15-7:30pm	Bravo-5:30-7:00am Golf-4:30-5:15pm Delta-5:15-6:15pm	Alpha-3:30-4:45pm Echo-4:45-5:45pm Delta-4:45-5:45pm Bravo-5:45-7:00pm	Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm
	OFF	Foxtrot-4:30-5:15pm Echo-5:15-6:00pm <u>Alpha-6:00-7:30pm</u> Bravo/Charlie: 7:30-8:30pm	Alpha-5:30-7:00am Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm	Foxtrot-3:45-4:30pm Echo-5:30-5:15pm Charlie-5:15-6:15pm Bravo-6:15-7:30pm Alpha-6:15-8:15pm	Bravo-5:30-7:00am Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm	Alpha-3:30-4:45pm Echo-4:45-5:45pm Delta-4:45-5:45pm Bravo-5:45-7:00pm Charlie-7:00-8:00pm	Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm
	OFF	Foxtrot-4:30-5:15pm Echo-5:15-6:00pm Alpha-6:00-7:30pm Bravo/Charlie: 7:30-8:30pm	Alpha-5:30-7:00am Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm	Foxtrot-3:45-4:30pm Echo-5:30-5:15pm Charlie-5:15-6:15pm Bravo-6:15-7:30pm Alpha-6:15-8:15pm	Bravo-5:30-7:00am Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm	Alpha-3:30-4:45pm Echo-4:45-5:45pm Delta-4:45-5:45pm Bravo-5:45-7:00pm Charlie-7:00-8:00pm	Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm
		Foxtrot-4:30-5:15pm Echo-5:15-6:00pm Alpha-6:00-7:30pm Bravo/Charlie: 7:30-8:30pm 27 Foxtrot-4:30-5:15pm	Alpha-5:30-7:00am Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm 28 Alpha-5:30-7:00am	Foxtrot-3:45-4:30pm	Bravo-5:30-7:00am Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm 30 Bravo-5:30-7:00am	Alpha-3:30-4:45pm Echo-4:45-5:45pm Delta-4:45-5:45pm Bravo-5:45-7:00pm Charlie-7:00-8:00pm OCTOBER 1 Alpha-3:30-4:45pm	Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm OCTOBER 2 Alpha-6:00-7:15am
		Foxtrot-4:30-5:15pm	Alpha-5:30-7:00am Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm 28 Alpha-5:30-7:00am Golf-3:45-4:30pm	Foxtrot-3:45-4:30pm	Bravo-5:30-7:00am Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm 30 Bravo-5:30-7:00am Golf-4:30-5:15pm	Alpha-3:30-4:45pm Echo-4:45-5:45pm Delta-4:45-5:45pm Bravo-5:45-7:00pm Charlie-7:00-8:00pm OCTOBER 1 Alpha-3:30-4:45pm Echo-4:45-5:45pm Delta-4:45-5:45pm Bravo-5:45-7:00pm	Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm OCTOBER 2 Alpha-6:00-7:15am Bravo-7:15-8:15am
		Foxtrot-4:30-5:15pm	Alpha-5:30-7:00am Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm 28 Alpha-5:30-7:00am Golf-3:45-4:30pm Delta-4:30-5:30pm	Foxtrot-3:45-4:30pm	Bravo-5:30-7:00am Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm 30 Bravo-5:30-7:00am Golf-4:30-5:15pm Delta-5:15-6:15pm	Alpha-3:30-4:45pm Echo-4:45-5:45pm Delta-4:45-5:45pm Bravo-5:45-7:00pm Charlie-7:00-8:00pm OCTOBER 1 Alpha-3:30-4:45pm Echo-4:45-5:45pm Delta-4:45-5:45pm	Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm OCTOBER 2 Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am
		Foxtrot-4:30-5:15pm	Alpha-5:30-7:00am Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm 28 Alpha-5:30-7:00am Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm	Foxtrot-3:45-4:30pm	Bravo-5:30-7:00am Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm 30 Bravo-5:30-7:00am Golf-4:30-5:15pm Delta-5:15-6:15pm	Alpha-3:30-4:45pm Echo-4:45-5:45pm Delta-4:45-5:45pm Bravo-5:45-7:00pm Charlie-7:00-8:00pm OCTOBER 1 Alpha-3:30-4:45pm Echo-4:45-5:45pm Delta-4:45-5:45pm Bravo-5:45-7:00pm	Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm OCTOBER 2 Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm
26		Foxtrot-4:30-5:15pm	Alpha-5:30-7:00am Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm 28 Alpha-5:30-7:00am Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm	Foxtrot-3:45-4:30pm Echo-5:30-5:15pm Charlie-5:15-6:15pm Bravo-6:15-7:30pm Alpha-6:15-8:15pm 29 Foxtrot-3:45-4:30pm Grand Prix Meet #1 FT,8u,13/ov 4:30-6:00p 9-12's-6:00-7:30pm	Bravo-5:30-7:00am Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm 30 Bravo-5:30-7:00am Golf-4:30-5:15pm Delta-5:15-6:15pm	Alpha-3:30-4:45pm Echo-4:45-5:45pm Delta-4:45-5:45pm Bravo-5:45-7:00pm Charlie-7:00-8:00pm OCTOBER 1 Alpha-3:30-4:45pm Echo-4:45-5:45pm Delta-4:45-5:45pm Bravo-5:45-7:00pm Charlie-7:00-8:00pm	Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm OCTOBER 2 Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm
26		Foxtrot-4:30-5:15pm	Alpha-5:30-7:00am Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm 28 Alpha-5:30-7:00am Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm	Foxtrot-3:45-4:30pm	Bravo-5:30-7:00am Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm 30 Bravo-5:30-7:00am Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm	Alpha-3:30-4:45pm Echo-4:45-5:45pm Delta-4:45-5:45pm Bravo-5:45-7:00pm Charlie-7:00-8:00pm OCTOBER 1 Alpha-3:30-4:45pm Echo-4:45-5:45pm Delta-4:45-5:45pm Bravo-5:45-7:00pm Charlie-7:00-8:00pm	Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm OCTOBER 2 Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm
26	OFF	Foxtrot-4:30-5:15pm	Alpha-5:30-7:00am Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm 28 Alpha-5:30-7:00am Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm	Foxtrot-3:45-4:30pm	Bravo-5:30-7:00am Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm Bravo-5:30-7:00am Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm	Alpha-3:30-4:45pm Echo-4:45-5:45pm Delta-4:45-5:45pm Bravo-5:45-7:00pm Charlie-7:00-8:00pm OCTOBER 1 Alpha-3:30-4:45pm Echo-4:45-5:45pm Delta-4:45-5:45pm Bravo-5:45-7:00pm Charlie-7:00-8:00pm	Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm OCTOBER 2 Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm
26	OFF	Foxtrot-4:30-5:15pm Echo-5:15-6:00pm Alpha-6:00-7:30pm Bravo/Charlie: 7:30-8:30pm 27 Foxtrot-4:30-5:15pm Echo-5:15-6:00pm Alpha-6:00-7:30pm Bravo/Charlie: 7:30-8:30pm 4 Foxtrot-4:30-5:15pm Echo-5:15-6:00pm	Alpha-5:30-7:00am Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm 28 Alpha-5:30-7:00am Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm	Foxtrot-3:45-4:30pm	Bravo-5:30-7:00am Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm Bravo-5:30-7:00am Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm	Alpha-3:30-4:45pm Echo-4:45-5:45pm Delta-4:45-5:45pm Bravo-5:45-7:00pm Charlie-7:00-8:00pm OCTOBER 1 Alpha-3:30-4:45pm Echo-4:45-5:45pm Delta-4:45-5:45pm Bravo-5:45-7:00pm Charlie-7:00-8:00pm	Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm OCTOBER 2 Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm