

Creative Arts for Kids or the Whole Family

Why art?

Art is a great way to express oneself, whether it's drawing, collage or sculpted with found objects! During this time of quarantine, tapping into new outlets for self-expression, or honing existent passions, can be a great way to engage your children individually or the family as a whole. Note – remember, it's not about how “good” the art looks, it's just about getting creative!

Art activities

Creating Art with Objects Found in Nature

Sometimes it can be daunting to create an art piece, and what if you don't have the materials! This art activity makes use of objects found in nature to get the creative juices flowing.

Materials:

- Any kind of adhesive – glue, tape, sewing kit
- Any kind of paper – newspaper, construction paper, printer paper, sketch paper

Instructions:

1. Take a walk outside (safely, with proper supervision, and respecting social distancing) and find your objects from nature to be part of your art piece. Examples include twigs, leaves, moss, flower petals, etc.
2. Arrange your objects found in nature on your piece of paper. If you have a lot of objects and you feel your paper is too small, consider taping/gluing the paper together to make a larger surface.
3. Once you decide on an arrangement, tape or glue your pieces onto the paper.

Ways to adjust:

- If you do not have adhesive or paper:
 - Arrange the found objects on any surface and photograph, this one is particularly exciting because you can make infinite numbers of arrangements and photograph a whole series
 - Arrange the found objects in an empty picture frame
 - Arrange the found objects in a common, but not frequently used, area in your house as a “museum exhibit” to be viewed by all
- You can also adapt this exercise to make a sculpture out of the pieces. To do so, glue, tie together or otherwise attach the pieces to each other in a 3-dimensional fashion rather than on paper.

Example of photography series:

