

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-7:15 am		Masters	Lap Swim 6:30	Masters	Lap Swim 6:30	Masters	
7:15 -9:00 am		Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Swim Team
9:00-10:00 am	Kayak	Lap Swim* Lessons	Lap Swim* Lessons	Lap Swim* Lessons	Lap Swim* Lessons	Lap Swim*	Lessons
10:00-11:00 am	Kayak	Lap Swim* Lessons	Lap Swim* Lessons	Lap Swim* Lessons	Lap Swim* Lessons	Lap Swim*	Lessons
11:00-12:00 pm	Kayak	Lap Swim* Lessons Aqua Fit	Lap Swim* Lessons	Lap Swim* Lessons Aqua Fit	Lap Swim* Lessons	Lap Swim* Aqua Fit	Lessons
12:00-1:00 pm	Lap Swim* Family Swim	Lap Swim* Lessons	Lap Swim* Lessons	Aqua Recovery Lap Swim* Lessons	Lap Swim* Lessons Aqua Core	Lap Swim* Lessons	Lessons Lap Swim* 12:30-1:30
1:00-2:00 pm	Lap Swim* Family Swim	Lap Swim* Lessons	Lap Swim* Arthritis @ 1:15 Lessons	Lap Swim* Lessons	Lap Swim* Lessons	Lap Swim* Lessons	Swim Team 1:30-3:15
2:00-3:00 pm	Pool Closes @ 2:45pm	Lap Swim* Lessons	Lap Swim* Lessons	Lap Swim* Lessons	Lap Swim* Lessons	Lap Swim* Lessons	Swim Team
3:00-4:00 pm	Building closes @ 3	Lessons Lap swim ends @3:30	Lessons Lap swim ends @3:30	Lessons Lap swim ends @3:30	Lessons Lap swim ends @3:30	Swim Team State	Family Swim Lap Swim* 3:15-4:45
4:00-5:00 pm		Lessons	Swim Team Tag 1	Swim Team Tag 1	Lessons	Swim Team National	Pool Closes @4:45
5:00-6:00 pm		Swim Team Tag 2	Swim Team State	Swim Team Tag 2	Swim Team Tag 3	Swim Team Tag 1	Building closes @ 5
6:00-7:00 pm		Swim Team Tag 3	Swim Team National	Swim Team	Swim Team	Swim Team Tag 2	
7:00-8:30 pm		Swim Team State	Swim Team National	Swim Team	Swim Team	Swim Team 8pm Family Swim	

*=shared pool and lap swimmers might need to circle swim. *Swim team schedule subject to change check team website
Sunday Kayak January to May

8:30-9:30 pm		Lap Swim* Lessons	Lap Swim* Lessons	Lap Swim* Lessons	Lap Swim* Lessons	Lap Swim* Family Swim	
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Sunday Kayak January to May